

Course: 2014 TTouch Advanced Training – Companion Animal/Equine Cross Training Instructor: Linda Tellington-Jones & Robyn Hood Location: The Icelandic Horse Farm 5435 Rochdell Rd. Coldstream, BC V1B 3E8 Phone: 250 545 2336 Website: www.icefarm.com or www.ttouch.ca Local Coordinator: Robyn Hood Cell: 250 308 6122 Email: ttouch@shaw.ca

Closest airport: Kelowna, BC (YLW)

Dates: August 7-10, 2014

Cost: \$500.00 (plus 5% tax), \$425.00 for **Current Guild Members** (plus 5% tax) Early Bird until April 1 – deduct \$50.00

Times: For the first day arrive at the farm by 8:45am to get settled in; class begins at 9:00 am

All other days, the training runs 9:00 am to 5:00 pm, with a 1-hour lunch break.

Lunch and snacks are included in the price of the workshops in Vernon. We provide a variety of delicious, healthy food, and strive to use as much local and organic ingredients as possible – just let us know if you have any special dietary requirements.

Class ends on the last day, at 4:00 pm.

Course Overview:

Join Linda Tellington-Jones and Robyn Hood for 4 days of learning, fun, and inspiration during the Tellington TTouch Advanced Training.

Practitioners and people who have attended at least 3 trainings of any species are welcome to attend this training which will include sessions TTouch for You, TTouch for your Companion Animal, and TTouch for your Horse. This "crosstraining" format is sure to expand your knowledge and give you new insights with your species of expertise. By adding a day we will have a chance to spend more time sharing ideas and practicing various skills. There will be also be sessions that people have a choice as to what they would like to focus on.

Hosted at Robyn's Icelandic Horse Farm, the spectacular setting only adds to the amazing learning experience. The Okanagan Valley is renowned for its wonderful climate, beautiful scenery, and robust fruit and wine industry. The warm weather is usually tempered at the farm with a gentle breeze. The facility includes a bright and airy Cover-All arena that provides a comfortable environment in practically all weather. A variety of animals will be available to work with including horses, dogs, cats, sheep, cows, and a parrot.

What to Bring for Yourself:

Wear clothing that is appropriate for working with horses. Long pants for riding, boots with a heel, and an approved helmet are advised. The farm does have many helmets available to borrow if you are worried about fitting one into your suitcase!

Because the afternoons can be very warm, many participants choose to bring a cooler change of clothes to wear when not riding. (i.e. Breathable pants, or shorts).

The weather can vary greatly in the Okanagan Valley so please bring layers appropriate for a variety of temperatures ranging from cool, rainy days (10-15 degrees Celsius) to hot sunny days (high 20's to high 30's degrees Celcius). Please be sure to bring a sunhat and sunscreen but it will likely be cool in the mornings. You may prefer to bring your own water bottle, spring water is always available. We will do our best to work in spaces to keep everyone comfortable.

If you are traveling from the States please be sure to bring a passport for easy reentry into the US. If you are traveling with an animal please remember that horses require a current negative Coggins test and International Health Certificate.

Lodging:

River Oak Ranch North

Within walking distance of the facility this is an excellent choice for participants who enjoy the social aspect of clinics and have a well socialized dog (there is a fenced yard). If arriving the evening before the training starts, please go to The Icelandic Horse Farm first, where someone will escort you to River Oak Ranch and help you get settled.

The house functions as a self-catered B&B with 4 bedrooms, 2.5 baths, and large common areas. Only clinic participants stay at the house. The kitchen is stocked with basics, such as flour, sugar and spices in the well equipped kitchen for you to use. The closest restaurant is in Lavington, about 5 minutes away, and house guests often choose to do group dinners and cook together. There are many other choices of restaurants in Vernon, about 20 minutes away.

There is a well fenced yard with the surrounding property being home to a variety of friendly livestock, horses, cows, and sheep. WiFi and Cable TV are available at the house. The home phone number is 250-545-0124. Local and all incoming calls are welcome, for long-distance please use a calling card.

The charge is \$40.00 per night per person, based on double occupancy, (no tax) but we can only accept cash or check. Guests will be paired with roommates, please specify if you would like to room with someone specific.

If you are driving the evening before the training is slated to begin, please let us know your scheduled arrival time in Vernon. Guests staying at River Oak Ranch need to check in at the Icelandic Horse Farm first to check in and have someone show them their room. The farm is on the way to River Oak Ranch.

Aspengrove

Aspengrove is located just a few kilometers up the hill in a beautiful setting. Individual cabins are scattered among the towering Douglas Firs with a central building that houses the kitchen, bathrooms, and living area. Self-catered, this option is not in easy walking distance of the farm.

Riveroak & Aspengrove accommodation choices will be booked through the Canadian TTouch office.

Other Options:

There are several lodging choices for clinic participants.

~ All other arrangements should be made by the participants directly with the hotel or B&B of their choice. If you would like us to try to coordinate a roommate, please let us know.

Be advised that all hotel prices are subject to change. Verify cost at the time of making your reservations.

B & B's:

~Christine's House

Located in Vernon, Christine's House is a cute, newer home in a quiet neighbourhood. Two private bedrooms available, one with a private bath, the other shared. \$50 per night, per person. Dogs welcome, breakfast included, and Christine will feed you well! Contact Christine directly: <u>valur70@hotmail.com</u>

Easthill Inn, Vernon

The East Hill Inn is a lovingly restored 1929 heritage house that is home to artist Kevin Spetifore. It is now open as a guesthouse so you too can feel refreshed and inspired by its elegant, peaceful and eclectic charm. Feel transported to another world as you step through the front doors of this unique and special place. Check it out at <u>www.easthillinn.com</u> We have had several people stay here and just love it.

Hotels: There are a variety of lodging options within the city of Vernon. There is no public transportation so a car is required for this option. The following Hotels are Pet Friendly, please call for current prices:

<u>~ Best Western Villager Motel</u>, 5121 27th St, Vernon (250) 549-2224, 1-800-528-1234 <u>~ Best Western Vernon Lodge</u>, <u>www.bestwesternvernonlodge.com</u> – (250) 545-3385

~ Holiday Inn Express, 4716 34 St, Vernon (250) 550-7777

Camping: Limited camping spaces are available at River Oak Ranch North, please contact the office for more information.

~ <u>Lions Campground</u> – Lumby, BC: Located a 10 minute drive East of the farm, this campground is located along the Shuswap River and is within walking distance of the town's amenities. <u>www.lumbylions.ca</u> or 250-547-2005

Airports: The nearest airport is Kelowna, BC (YLW), located approximately 50 minutes from the farm, and operates daily flights to and from hubs such as; Vancouver, Calgary, Seattle, and LAX.

If you choose not to rent a car, the Vernon Airporter Shuttle runs daily from the airport to downtown Vernon. For fees and schedule please contact <u>www.vernonairporter.ca</u> or 250 542-7574. If you choose this option you will have to contact the Office to be picked up and taken to River Oak Ranch.

Car Rental: All major car rental companies are represented at the Kelowna Airport (Budget, Avis, Enterprise, National), please contact the companies directly for quotes.

Directions to the Venue:

I have enclosed a map to the farm. The farm is located 20 minutes east of the Vernon town center off of Hwy 6. For detailed directions please visit <u>www.icefarm.com</u> or use Google Maps to search 5435 Rochdell Rd, Coldstream, BC, V1B 3E8.

Vernon, British Columbia, is approximately a 5 hour drive East of Vancouver or 6.5 hours West of Calgary. Spokane, Washington is approximately 5-6 hours South of Vernon with a 24 hour border crossing at Osoyoos, BC.

Cheques should be made payable to Tellington TTouch Training or you may call our office to pay with your Visa or Master Card, or register online. A \$200.00 deposit will hold your place. The balance is due <u>30 days prior</u> to the start of the training. Lodging is not included in tuition.

Please feel free to contact us if you have any questions or need further information.

Robyn

Cancellation Policy: Tellington TTouch Training reserves the right to cancel a session if necessary because of circumstances beyond our control or when enrollment is deemed insufficient. In this case all deposits, tuitions and the processing fees will be refunded.

Participant Cancellation Policy: For cancellations made more than 30 days in advance of the training, a refund will be given minus a \$75 administration fee. No refunds are possible for cancellations less than 45 days prior to the start of the training. If you cancel, you may apply this money to another training that must be attended within one year of your cancellation date.